

# *Eating Disorders* CONFERENCE

**Shifting Campus Cultures:  
Addressing Disordered Eating in  
Changing Academic Climates**

**Dates:** Friday March 7<sup>th</sup> and  
Saturday March 8<sup>th</sup>, 2008

**Location:** Duke University  
Bryan Center – *Von Canons  
A, B and C. Lower level*

Treatment for Eating Disorders has always been driven, to some degree, by the cultural contexts in which live. This conference is being held to explore the cultural shifts in today's society and how they have impacted the diagnosis and treatment of disordered eating.

*Our objective is to provide a forum for discussion of the impact of shifting campus cultures on body image and eating disorders, as well as explore new insights and tools that can be used in addressing these issues.*

Sponsored by:  Student Health Center

# Eating Disorders Conference SCHEDULE



DAY 1 — Friday, March 7 <sup>th</sup>	
7:30 - 9:00	Registration and Continental Breakfast
9:00 - 9:10	Welcome
9:10 - 10:00	<b>Keynote: Effortless Perfection and Hooking Up: Understanding Social Culture at Elite Colleges and Universities</b> (Donna Lisker, Ph.D., Associate Dean of Undergraduate Education at Duke University)
10:00 - 10:15	Break
10:15 - 11:45	Panel Discussion: <b>Shifting Campus Cultures: Addressing Disordered Eating in Different Academic Climates</b> <ul style="list-style-type: none"> <li>University of Kentucky (Rebecca S Tabony, Ph.D., Jill Kindy, RD, CSSD)</li> <li>Wellesley College (Vanessa M. Britto, MD, M.Sc., Robin L. Cook-Nobles, Ed.D.)</li> <li>Duke University (Devdutta Sangvai, MD, MBA, Paula Scatoloni, MSW, LCSW)</li> </ul>
12:00 - 1:30	Lunch Buffet
1:45 - 3:00	<b>Breakouts: Addressing Special Populations</b> <ul style="list-style-type: none"> <li><b>A Comprehensive and Tailored Approach to Addressing the Spectrum of Eating Disorders in Collegiate Athletes</b> (Franca B. Alphin, MPH, RD, LDN)</li> <li><b>Do I Look Gay?!?!? Body Image and Increased Visibility of the LGBT Community</b> (Janie Long, Ph.D.)</li> <li><b>Spirituality and Treatment</b> (Chase Bannister, MSW, MDiv, LCSWP)</li> </ul>
3:00 - 3:15	Break
3:15 - 4:30	Panel Discussion: <b>It's Not Just Rich White Women</b> (Gary Glass, Ph.D., Mazella, Hall, Ph.D., Terrill Bravender MD, MPH, Stephanie Sparks, JD, MSW).

DAY 2 — Saturday, March 8 <sup>th</sup>	
7:30 - 9:00	Continental Breakfast
9:00 - 10:00	<b>Keynote: Changing Views of Parents – 10 Things Parents Can Do</b> (Nancy Zucker, Ph.D.)
10:00 - 10:15	Break
10:15 - 11:45	<b>Breakouts:</b> <ul style="list-style-type: none"> <li><b>Sifting and Shifting: Steering Clients Through Today's Cultural Paradigms</b> (Gary Glass, Ph.D.)</li> <li><b>Using Family As a Resource</b> (Terrill Bravender MD, MPH, Nancy Zucker, Ph.D.)</li> <li><b>Medical Management: When is critically ill, ill enough to go home? Case Studies</b> (Melanie Trost, MD)</li> </ul>
12:00 - 1:30	Box Lunch
1:45 - 3:00	<b>Keynote: Mindful Eating: What is it really? How does it work?</b> (Ruth Q. Wolever, Ph.D.)
3:00 - 3:15	Break
3:15 - 4:30	<b>Breakouts:</b> <ul style="list-style-type: none"> <li><b>Tools for Eating with Awareness: A practical approach to mindful eating</b> (Anna M. Lutz, MPH, RD, LDN, Toni Ann Apadula RD, LDN)</li> <li><b>Mindful Movement: Bringing Body Awareness into Eating Disorder Treatment</b> (<i>experiential workshop/wear comfy or loose clothing</i>) (Paula Scatoloni, MSW, LCSW, Daya Breckinridge, RN, MSN, FNP)</li> </ul>
4:45	<b>Conference Wrap-Up</b>



# Eating Disorders Conference REGISTRATION

Name: \_\_\_\_\_ Institution: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

### Clinical Specialty

- Physician                       Dietitian                       Psychologist                       Psychiatrist
- Athletic Trainer                       Social Worker                       Nurse                       Nurse Practitioner
- Physician Assistant                       Student:                       Other: (please indicate)

### Method of Payment

- Credit Card: (circle one)    American Express    Discover    MasterCard    Visa

Credit Card#: \_\_\_\_\_ Exp. date: \_\_\_\_\_

Signature: \_\_\_\_\_

Billing Address: (if different from above) \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Registration and Fees:

- \$175 Early Registration Fee** (Feb. 7th)
- \$225 Registration Fee** (after Feb. 7th or on-site)
- \$75 Student Registration**

**Registration forms with credit card  
payment can be faxed to: Fax #: 919.660.1769**

**Duke Federal Tax ID: 56-0532129**

### For Additional Program Information Contact:

Dare Clark, 919.681.3069 *or e-mail at:* janice.clark@duke.edu

### For Registration Information Contact:

Duke Univ. Conference Services, 919.660.1760  
*or by e-mail at:* confserv@notes.duke.edu

### General Information:

Continuing Education credits are pending for CME, ADA, NASW.



# Eating Disorders Conference HOTEL & DIRECTIONS

## Hotel Information

### WASHINGTON DUKE INN & GOLF CLUB

[www.washingtondukeinn.com](http://www.washingtondukeinn.com)

Within walking distance of the conference. Approx-imately 10-15 minutes, depending on how fast you walk. We realize this may be a bit high end for some, but if you have the chance and it's only one night, it's well worth it. Especially if you play golf!

### MILLENIUM HOTEL

[www.millenniumhotels.com/millenniumdurham/index.html](http://www.millenniumhotels.com/millenniumdurham/index.html)

Offers shuttle service to campus.

### LA QUINTA INN & SUITES

<http://www.lq.com/lq/properties/propertyProfile.do?ident=LQ183&propId=183>

Too far to walk so you'll need a car.

*Duke has not reserved any rooms on behalf of this conference, but we recommend these based on quality, convenience and different pricing options.*



## Directions

### From Airport traveling west on Interstate 40

Via I-40 West: Merge onto 147 N via Exit 279B toward Durham/Downtown.

From 147 N take the 15-501 S Exit toward Chapel Hill. Take exit 108A-Morreene Road.

Turn LEFT onto Morreene. Continue through two lights. (Morreene Road becomes

Towerview Drive at the second light-Erwin Road). Take the second LEFT onto Science Dr.

The Bryan Center parking lot and garage will on your RIGHT.

**For a detailed campus map go to:** <http://maps.duke.edu/?bid=7791>

**For a detailed area map Google:** 120 Science Drive Durham, NC 27708